

<u>Title of Position:</u> Summer Adaptive Cycling Instructor

Location: Hailey, Idaho and the surrounding area

Employment Dates: June 3-September 30

What is Higher Ground

The mission of Higher Ground USA (HG) is to enhance quality of life through therapeutic recreation and education. Reporting to the Adaptive Program Manager and Adaptive Program Coordinator, the Summer Adaptive Cycling Instructor is responsible for supporting all adaptive cycling programs. These programs include; beginner biking, Strider biking, bike path rides, adaptive mountain biking and camps.

The Summer Adaptive Cycling Instructor position is designed to provide opportunities for individuals interested in Outdoor/Experiential Education, Therapeutic Recreation, and Recreation Management to gain professional experience and knowledge in this growing field.

Eligibility and Requirements

Our instructors must be at least 18 years of age, preferred First Aid and CPR certifications, experience working with kids, and be able to commit to an entire season. Above all, Higher Ground is looking for instructors who are self-motivated, take initiative, and have a desire to work with people with disabilities.

- The following skills are preferred:
 - Strong personal cycling skills
 - Knowledge of local trail systems
 - Experience in coaching and/or teaching
 - Outdoor experience and knowledge
 - Wilderness First Responder/Wilderness First-Aid Certifications
 - Bike maintenance skills and knowledge
 - o Group ride leadership experience and group management skills

Position Responsibilities and Duties

- Report to Adaptive Program Manager & Adaptive Program Coordinators
- Attend mandatory pre-season trainings
- o Actively engage with participants for the duration of summer programming
- Lift equipment and gear up to 50-75 pounds
- Establish positive therapeutic relationships with participants
- Complete progress notes
- o Set up, breakdown and clean-up of cycling activities
- Implement behavior management techniques
- o Adhere to all policies in the HG Employee Handbook
- Assist participants with various activities of daily living, such as; feeding, transferring, changing, etc.
- Weekend work is required

Schedule & Compensation

- 15-30 hours/week depending on program load
- Starting wage \$20-\$25/hour dependent on individual experience
- Certifications will result in a higher starting wage

Contact Maggie with interest in this position!

<u>Maggie@highergroundusa.org</u>

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