

STATISTICS

WE HAVE MET 100% OF SCHOLARSHIP REQUESTS

WE SERVE PARTICIPANTS FROM ALL 50 STATES

WAITLIST OF OVER 3,000 VETERANS AND FIRST RESPONDERS

FY 2025

PROGRAMS 
36,720 PROGRAM HOURS
4,014 UNIQUE PARTICIPANTS SERVED

SUPPORT 
6,663 VOLUNTEER HOURS
268 UNIQUE INDIVIDUALS



The gift of joy and play is rare and often overlooked in our busy lives. You're the first to put yourself last. As James Hedges, our Veteran and First Responder Program Manager, puts it: "When somebody donates, volunteers, or partners with Higher Ground, they give the gift of time. That's a gift of resources. That's a gift of freedom. That's a gift of bringing people together to practice self-worth and to connect, with themselves and with others."

It begs the question: who truly gets the most out of it? Is it our donors who see the impact of their contribution? Is it our volunteers who get to experience it firsthand? Our partner organizations and guides who witness transformation in real time? Our participants who finally get a week to focus on themselves, pushing their emotional and physical boundaries? Or our Higher Ground team members, like James, who say, "I love what I do. I light up when I talk about Higher Ground."



LEARN MORE ABOUT SUPPORTING HIGHER GROUND AT [HIGHERGROUNDUSA.ORG/DONATE](https://highergroundusa.org/donate)

In the end, when you change the perspective, the sentiment becomes clear: **partnering with Higher Ground creates so much value and life-changing impact that everyone walks away a winner.**



HG
HIGHER GROUND

HIGHER GROUND
CELEBRATING 26 YEARS OF
ADVENTURE. SUPPORT. BELONGING.

HIGHER GROUND CELEBRATING 26 YEARS

WHY WE'RE HERE

TO ENHANCE THE QUALITY OF LIFE.

Physical and mental challenges shouldn't prevent anyone from achieving their potential. Higher Ground empowers individuals to live meaningful, fulfilling lives.



- ★ SATURDAY, JANUARY 17, 2026
COMEDY CLUB
THE ARGYROS, KETCHUM, ID
- ★ MARCH, 7–8, 2026
MUFFY DAVIS CUP
DOLLAR MOUNTAIN, SUN VALLEY, ID
- ★ MONDAY, JUNE 1, 2026
CRU GOLF INVITATIONAL
MARYLAND NATIONAL GOLF CLUB,
MIDDLETOWN, MD
- ★ TUESDAY, JUNE 30, 2026
HERO'S JOURNEY
TRAIL CREEK CABIN, SUN VALLEY, ID
- ★ SEPTEMBER, 2026
HIGHER GROUND GOLF INVITATIONAL
SUN VALLEY, ID

Contact Info@HigherGroundUSA.org to learn more



1 in 4 First Responders
faces depression,
anxiety, or PTSD



1 in 5 Americans live
with a disability that
limits access to
recreation



1 in 3 Veterans faces
depression, anxiety,
or PTSD

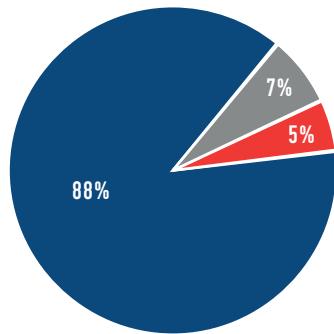


Limited access to
adaptive equipment
makes outdoor
experiences challenging



WHERE YOUR SUPPORT GOES

Here's how we allocate our resources to make the biggest difference:



WAYS TO SUPPORT HG

- \$10,000 allows for "Adventure Club" opportunities for Idaho School for the Deaf and Blind students
- \$5,000 funds one Veteran for a week-long therapeutic program
- \$2,500 provides 5 full day 1:1 adaptive ski lessons, empowering participants to build skills, confidence, and independence on the mountain
- \$1,000 covers flights and a unit jacket for one Veteran, ensuring they arrive ready to connect, belong, and take on new adventures
- \$500 fuels our HG vehicles
- \$100 supports our scholarship fund, opening the door for more individuals to access recreation