



HG Health & Safety Programming Guidelines

Current as of January 18, 2021

A **stakeholder** is defined as a “group without whose support our organization would cease to exist,” to include Higher Ground volunteers, donors, staff, and participants. All of these parties will be referred to as “stakeholder.”

For **ALL** Higher Ground Stakeholders:

Our guidelines have been developed to take reasonable steps to lessen the risk of communicable diseases, including but not limited to COVID-19. This is a baseline for our guidelines; more specific guidelines may be developed for each individual program.

We are monitoring recommended guidelines stated by the U.S. Centers for Disease Control and Prevention (CDC) and we are adhering to state and local government guidelines for our three staff member locations (Idaho, California, and New York) as well as guidelines for all scheduled program locations.

Should outside organizations or vendors that Higher Ground (HG) has entered into an agreement with have guidelines or restrictions in place that exceed our guidelines, Higher Ground stakeholders will be required to adhere to vendor guidelines or restrictions for the duration of the collaboration.

When feasible, HG stakeholders will be sent a copy of these guidelines as well as a copy of the Move United Waiver & Release of Liability Agreement ahead of the program. By choosing to participate in programs, you are acknowledging these guidelines and your willingness to comply. Refusal to comply with the following guidelines or acceptance of the waiver and release of liability agreement will result in non-acceptance to a program. Refusal to comply with the following guidelines during a program will result in being asked to leave the program.

These guidelines are subject to change at any time.

General Guidelines

- At a minimum, HG will uphold current local ordinances and requirements pertinent to program location.
- All stakeholders will wear masks at all times while driving or riding in a HG vehicle.

- Higher Ground encourages social distancing through increased spacing, small groups, and limited mixing between groups, and staggered scheduling, arrival, and drop off, where applicable.
- Do not attend programs if you are feeling ill or experiencing any symptoms related to COVID-19 or any other contagious illness.
- Wash hands frequently with soap and water for at least 20 seconds.
- Use hand sanitizer frequently.
- Avoid touching your face.
- Cover coughs and sneezes (into a tissue, sleeve, or elbow).
- Avoid contact with high-touch surfaces (handrails, countertops, etc.) when possible.
- Follow any other standards provided by the CDC.
- Please voice concerns to HG staff if you see others not adhering to health and safety measures.
- We will be conducting daily health screenings (below) with all stakeholders when participating in HG programs.
- HG works with vulnerable populations. If in any case enhanced precautions are needed, HG staff will use their discretion to protect the health and wellbeing of our participants and all stakeholders.

Pre-Program Procedure

The following questions will be asked prior to attending HG programming and on an ongoing basis as necessary. Should the answer to any of the following questions be **yes**, stakeholders will need to provide sufficient proof, as determined by program directors and staff, that they are not infected with COVID-19 before attending or returning to HG programming. If sufficient proof cannot be obtained, stakeholders will be prohibited from attending until all questions can be answered **no**.

- Are you currently experiencing any of the following?
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- Have you been in contact or living with someone who has shown symptoms or tested positive for COVID-19 within the past 30 days?